

Staff restaurant Eldora - Getec

Monday, 13. May	Tuesday, 14. May	Wednesday, 15. May	Thursday, 16. May	Friday, 17. May
SUPPE Soup of the day	SUPPE Soup of the day	SUPPE Soup of the day	SUPPE Soup of the day	SUPPE Soup of the day
Klein CHF 2.80 / Gross CHF 5.50	Klein CHF 2.80 / Gross CHF 5.50	Klein CHF 2.80 / Gross CHF 5.50	Klein CHF 2.80 / Gross CHF 5.50	Klein CHF 2.50 / Gross CHF 5.50
SPECIAL German style meatball Fried chicory with oranges Potato croquettes <i>approx 771.7 cal. / Meatball (pork, beef): Switzerland</i>	SPECIAL G'hackets and Hörnli Minced beef Swiss macaroni Applesauce Grated cheese <i>approx 790.0 cal. / Beef: Switzerland</i>	SPECIAL  Smart Eating – Indian Chicken Malabar Chicken thigh ragout with Malabar curry sauce Cauliflower rice Kachumber salad Yoghurt, coriander and peperoncini <i>approx 581.3 cal. / Chicken: Switzerland</i>	SPECIAL  Beef Stroganoff Paprika sauce with mushrooms and gherkins Long grain rice <i>approx 548.3 cal. / Beef: Switzerland</i>	SPECIAL  Pork chop Gnocchi Baked beetroot <i>approx 766.2 cal. / Pork: Switzerland</i>
VEGI  Tortellini with spinach ricotta filling Steamed peas Vegetables cream sauce <i>approx 756.8 cal.</i>	VEGI  Briam Cretan vegetable casserole Leaf spinach with ginger and cumin <i>approx 274.2 cal.</i>	VEGI  Smart Eating – Indian Indian frittata with roti bread, paneer cheese, mango chutney, spinach, yoghurt and cashew nuts served with white cabbage and papaya salad <i>approx 561.6 cal.</i>	VEGI  Smart Eating – Indian Tikka masala dal Chickpea and lentil dal with vegetables Soya yoghurt raita with mint Tandoori cauliflower and mini naan bread <i>approx 599.9 cal.</i>	VEGI  Asparagus risotto with mascarpone and lemon thyme Tomato basil salsa <i>approx 435.9 cal.</i>
16.50	16.50	16.50	16.50	16.50
SALATBUFFET Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBUFFET Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBUFFET Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBUFFET Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBUFFET Daily fresh raw vegetable and green salads with various toppings and dressings
pro 100g: 3.80	pro 100g: 3.80	pro 100g: 3.80	pro 100g: 3.80	pro 100g: 3.80
FREE CHOICE BUFFET Daily changing offer	FREE CHOICE BUFFET Daily changing offer	FREE CHOICE BUFFET Daily changing offer	FREE CHOICE BUFFET Daily changing offer	FREE CHOICE BUFFET Daily changing offer
pro 100g: 3.80	pro 100g: 3.80	pro 100g: 3.80	pro 100g: 3.80	pro 100g: 3.80
DESSERT  Pineapple with mint <i>approx 79.0 cal.</i>	DESSERT  Smart Eating – Indian Saffron yoghurt with figs and almonds <i>approx 138.3 cal.</i>	DESSERT  Smart Eating – Indian Mango lassi <i>approx 118.6 cal.</i>	DESSERT  Smart Eating – Indian Semolina flan with cardamom and sultanas <i>approx 159.8 cal.</i>	DESSERT Dessert of the day
2.50	2.50	2.50	2.50	2.50

Opening hours: Monday to Friday: Cafeteria 07.30-09.30 / Lunch service 11.00-13.30 Prices incl. VAT Legend: vegetarian (1 sheet), vegan (2 sheets), gluten-free, lactose-free, smart eating
Subject to change without notice. Please consult the website for the current menu.